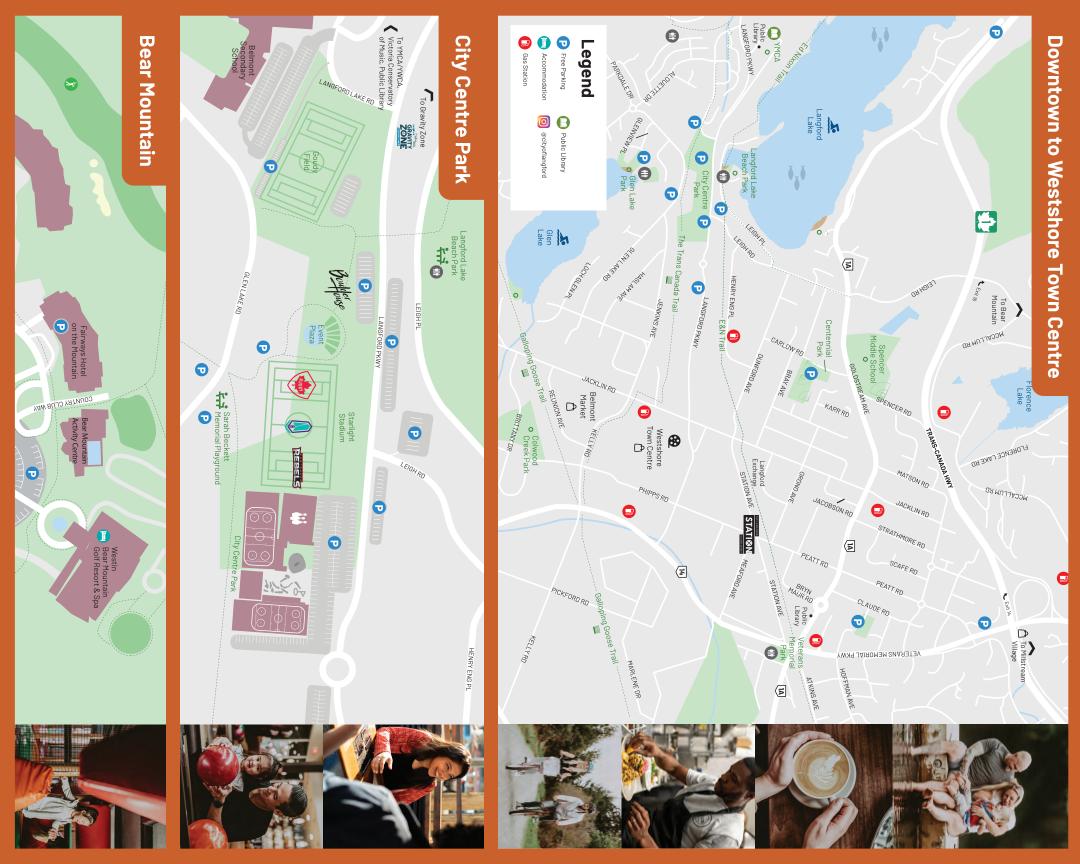
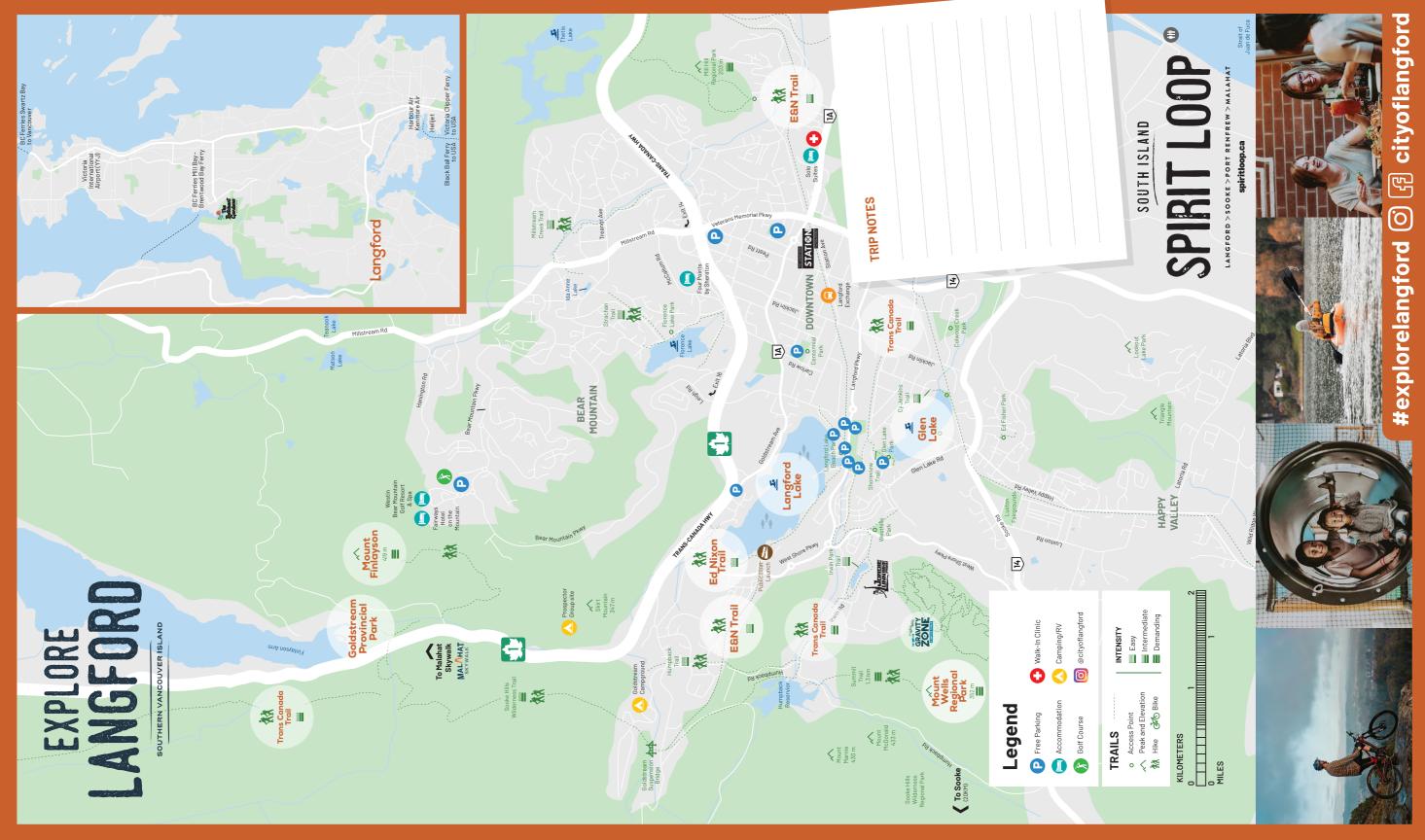
# EXPLORE LANGFORD

SOUTHERN VANCOUVER ISLAND

visitors guide & map





## where it all happens.

Ideally situated on Southern Vancouver Island, Langford is truly a city surrounded by nature. With countless trails to explore, one can experience the thrill of the Sooke Hills Suspension Bridge, summit the epic Mt. Finlayson and kick back in Veterans Memorial Park, all within city limits. With an expansive series of trails for mountain biking, challenge yourself to experience nature in a new way.

There's an outdoor adventure for every member of the family on this side of the Island! Spend a sunny afternoon exploring Langford's many lakes by kayak, paddleboard, or boat. Langford Lake is the City's largest lake, home to accessible boardwalks, beaches for excellent fishing opportunities, and a boat launch on the western shore for an even better chance to land a trout. Nearby, Goldstream Provincial Park features a stunning waterfall and a world-class salmon spawning stream with thousands of Chum Salmon returning each year.

If you're looking to slow down and unwind, Langford has something for you. Enjoy worldclass spas, challenging golf courses, and endless shopping opportunities. Indulge in local cuisine while relaxing on a picturesque patio, and finish your day relaxing at one of the local accommodations.

Whether you are looking for a staycation or are travelling to Langford for a conference, event, or to escape and unwind, we look forward to welcoming you soon!

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The contents of this guide are up to date as of February 2025 and should serve as a reference. Please contact businesses directly to confirm availability of services.



## find adventure in places unknown







## explore

Ideally situated on Southern Vancouver Island, Langford is truly a city surrounded by nature. With countless trails to explore, one can take in the panoramic views from Mount Finlayson in Goldstream Provincial Park, walk across the suspension bridge in Sooke Hills Wilderness Regional Park, or kick back and relax in Veterans Memorial Park. With an expansive series of trails for mountain biking, including the new Gravity Zone and Nature Trails that includes the Jordie Lunn Bike Park, challenge yourself to experience nature in a new way.

### refresh

There's an outdoor adventure for every member of the family in Langford! Spend a sunny afternoon exploring Langford's many lakes by kayak, paddleboard, or canoe. Langford Lake is the City's largest lake, featuring accessible boardwalks, three public beach areas, and a boat launch. Nearby, Goldstream Provincial Park features a variety of walking and hiking trails and a stunning waterfall, affectionately referred to as little "Niagara Falls" by locals, which at 47.5 meters, is almost as tall as its famous namesake. Visit the Park between October and December to catch the annual salmon run where you'll see thousands of Chum salmon returning to spawn.









## recharge

If you're looking to slow down and unwind, Langford has something for you. Enjoy world-class spas, challenging golf courses, and endless shopping opportunities. Indulge in local cuisine while relaxing on a picturesque patio, and finish your day unwinding at one of the local hotels.

## escape

Whether you are travelling to Langford for a vacation, conference, event, or to escape and unwind, Langford is ready to welcome you. Make Langford your South Island basecamp and stay at one of the hotels or B&Bs and enjoy everything Langford and the surrounding region has to offer right outside your door.

## mobile visitor information centre

The City of Langford's Mobile Visitor Centre is on the move! Find the Info Centre travelling around to some of the favourite local spots for assistance booking hotels, tours, and reservations. The dedicated and knowledgeable visitor information staff are ready to answer your questions and provide complimentary regional maps, brochures, a high-speed charging station, and an outdoor seating area. Their insider tips will help you explore like a local!

Find the Info Centre travelling around to some of the favourite local spots for assistance booking hotels, tours, and reservations. Their insider tips will help you explore like a local! Whether you're a first-time visitor or a seasoned regular, there will always be something new and exciting to experience.

Whether you're a first-time visitor or a seasoned regular, there will always be something new and exciting to experience.

Be sure to tag @CityofLangford in your photos on Instagram and Facebook use #ExploreLangford.









## getting here & around

The trip to Vancouver Island is when your adventure begins! Langford is a city surrounded by incredible nature, ideally situated on Southern Vancouver Island. Located a short drive from the BC Ferries Swartz Bay terminal, Victoria International Airport, Harbour Air, and the Clipper and COHO ferry terminals, and well connected by local transit, ride sharing and taxi services, getting around in Langford is simple and stressfree. Conveniently, the BC Transit Rapid Bus route #95 efficiently travels from downtown Victoria to Langford, with a bus arriving every 7-8 minutes during peak times. If two wheels are more your speed, the Galloping Goose, E&N, and Lochside Trails connect cyclists throughout the region, providing a safe opportunity to explore the city.

If you are looking to further your adventure up-island or spend the day exploring Southern Vancouver Island, Langford is centrally located. Easily access the Pacific Marine Circle Route to experience Sooke, Port Renfrew, Cowichan, Malahat and beyond. Hop onto the famous Malahat Highway for scenic lookouts and direct access to North Island communities. Langford is ideally located as a base camp for any adventure!

For more information on the Pacific Marine Circle Route, visit **spiritloop.ca** 

## experience the vibrant heart of Langford

Langford's vibrant event scene offers something for everyone, from thrilling sports to lively festivals. Starlight Stadium is home to Pacific FC, Rugby Canada, and the Westshore Rebels, while summer brings major festivals like Soberfest, Brewery and the Beast, and the Bacon, Bourbon & Beer Festival. In June, the Change-Makers Gathering Festival highlights Indigenous culture through drumming, dance, and artisan markets.

Goldstream Avenue and The Langford Station Arts & Culture District pulse with activity year-round. Car lovers can catch the Show & Shine, while Fridays at The Station offer live music, food trucks, and artisan vendors from May to August. September's Food Truck & Music Festival, Treat Streat for Halloween, and the Langford Light Up in December keep the festivities going.

At Veterans Memorial Park, the Goldstream Farmers Market (May–October) and Music in the Park (July–August) provide perfect weekend outings. Year-round, events like Family Day celebrations and Langford FanCon add to the excitement.

From food and music to sports and community gatherings, Langford is alive with energy—come experience it!







## SPIRIT LOOP

LANGFORD > SOOKE > PORT RENFREW > MALAHAT



Whether you seek adventure or stillness, connection or solitude, the Spirit Loop offers a journey unlike any other. Come and experience a place where your senses come alive and your spirit soars.

A road trip to awaken your senses.



## Outdoon Activities

#### **Ed Nixon Trail**

The scenic trail runs along the bank of Langford Lake until it reaches the floating viewing platform, children's playground, and public washrooms. A long boardwalk allows you to stroll across the marsh and wetlands at Langford Lake's western end.

#### The Galloping Goose Trail

This picturesque multi-use trail, formerly a railway line, moves through urban, rural, and wilderness scenery on its 55-kilometre journey from Victoria to Sooke. You can cycle, stroll, run, or even ride a horse through the rural sections.

#### Mount Wells

Mount Wells is a 123-hectare wilderness park of second-growth forest and fragile mossy rock outcrops with spectacular views of the region and stunning spring wildflowers. It is located on the edge of an immense protected area of green space near the Sooke Hills. The hike to the summit (352m) of Mount Wells is steep and challenging, suitable for fit hikers.

#### **E&N Trail**

The E&N Trail is the Capital Region's pedestrian and bicycle thoroughfare that follows the existing E&N Rail corridor and stretches from Esquimalt to the pedestrian-oriented heart of Langford. Visit The Langford Station Arts and Culture District, located at 720 Station Avenue along the E&N Trail, and experience all the district has to offer, including local businesses, artists, food trucks, live music, events and more!

#### **Langford Gravity Zone & Nature Trails**

The Gravity Zone and Nature Trails is a one-of-a-kind park on Vancouver Island. Spanning more than 130 acres of forestland, the park boasts winding trails under massive tree canopies and epic viewpoint lookouts. With a variety of trails, including downhill flow trails and technical trails, with difficulties ranging from blue (easiest) to double black (most difficult), there is something for hikers and cyclists of all ages and abilities. Note that certain trails are exclusively for biking or hiking. Parking is available at 4100 West Shore Parkway. Leashed dogs are permitted in the park.

Please visit Langford.ca/GravityZone for more information and to view the park map.

#### **Langford Lake**

Langford Lake is a popular swimming, boating, and fishing destination for residents and visitors alike. There are numerous boardwalks and shore access points as well as a boat launch on the western shore.

#### Trans Canada Trail/Sooke Hills Wilderness Regional Trail

This 13km unpaved trail offers a unique wilderness experience as it travels through remote areas and wildlife habitat. The trail lies between the Humpback Reservoir in Sooke Hills Wilderness Regional Park and the Capital Regional District-Cowichan Valley Regional District boundary. The Sooke Hills Wilderness Trail provides part of both The Trans Canada Trail and the Vancouver Island Trail routes. Rest at the viewing platform, 2.5km from the Humpback trailhead, to take in the sights and sounds of Waugh Creek Falls, which flows forcefully in the winter and spring. From there, it is 0.5km to the suspension bridge across the Goldstream River.

#### Goldstream Provincial Park

The trails through Goldstream range from easy, wheelchair-accessible walks to strenuous hikes and track along creeks, through forested uplands and past abandoned gold diggings from the days of the Gold Rush. The park is home to 600-year-old Douglas fir trees and western red cedar, along with western yew and hemlock, red alder, big leaf maple and black cottonwood. Whether you're out in the rain during the salmon run to view the salmon, or you're hiking up Mt. Finlayson on a hot summer day, the Goldstream Nature House is your home base. Head inside to cool down with a refreshing drink and some ice cream in the summer, or warm up in the winter with hot, fresh coffee and a cozy seat by the fireplace.

#### **Mount Finlayson**

Located in Goldstream Provincial Park, the Mount Finlayson hike is one of the steepest and most challenging hikes in the region. It offers scenic views looking south towards Langford. The route is a popular exercise trail and can be busy on weekends, however the views from the top on a clear day are spectacular and worth the effort to get there. This trail is steep and rugged; dress for the terrain and weather, stay on the marked trail and allow adequate time for return in daylight. The summit can be accessed from Finlayson Arm Road or the day-use area. Use caution when walking on Finlayson Arm Road.





Embrace the thrill of the Jordie Lunn Bike Park, a one-of-kind recreational cycling experience in Langford. Equipped with challenges for cyclists of all ages and abilities, the Park serves as a year-round public cycling space for both recreation and high-performance training. Featuring all levels of jumps, drops, and even a youth pump track, the Park is the perfect spot to develop your skills. Surrounded by nature, the Jordie Lunn Bike Park is a must-visit for cycling enthusiasts.

JUMP ZONE • PUMP TRACK • SKILLS AREA CYCLOCROSS/MOUNTAIN BIKE TRAILS

#### **VISIT THE CLUBHOUSE:**

Cycling BC/Cycling Canada, Rhino Coffee House and Broad Street Cycle

2990 IRWIN RD | OPEN DAWN TO DUSK jordielunnbikepark.com







Set out for your next adventure at the Langford Gravity Zone & Nature Trails, a one-of-a-kind hiking and biking trail system located amongst a massive acreage of second-growth forest. Designed with low environmental impact, the Gravity Zone features winding trails under massive tree canopies, and lookouts offering stunning views across the South Island. With a range of biking trails from beginner to intermediate, the Gravity Zone provides an opportunity for visitors to immerse themselves in nature and adventure.



## LANGFORD GRAVITY ZONE & NATURE TRAILS 5KM OF BIKING/HIKING TRAILS

2990 IRWIN ROAD | LANGFORD.CA/GRAVITYZONE





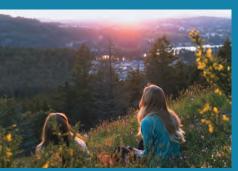
- (1) Niagara Falls at Goldstream Park
- 2 Summit of Mt. Finlayson
- The Langford Station Arts and Culture District Murals
- Lookout at the Langford Gravity Zone & Nature Trails
- Mount Wells Regional Park

## stay connected

Whether you're visiting from out of town, or are a new resident or life long local, stay in the loop on all things Langford.

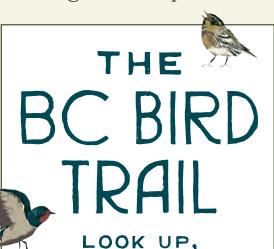
CITY OF LANGFORD Langford.ca

◎ @cityoflangford #ExploreLangford





## Welcome to the Langford Outpost on



Whether you are bird-watching curious or a seasoned naturalist, the BC Bird Trail is your go-to resource for regional birding information.

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STAY GROUNDED.

Embark on an avian adventure with our curated self-guided itineraries. Discover the best bird-watching hotspots, learn about current conservation initiatives, explore vibrant local businesses, and seamlessly book enriching guided experiences.

Explore the Langford Itinerary on the BC Bird Trail



Discover self-guided itineraries and more.





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BCBIRDTRAIL.CA . @BCBIRDTRAIL #EXPLOREBC | #BCBIRDTRAIL | #LOOKUPSTAYGROUNDED

## accommodation

Fairways Hotel on the Mountain 1376 Lynburne PI (778) 401-2020

fairwayshotel.ca

Four Points by Sheraton Victoria Gateway 829 McCallum Rd (250) 474-6063 marriott.com Solo Suites 590 Goldstream Ave (250) 882-7178 solosuites.ca

The Westin Bear Mountain Golf Resort & Spa 1999 Country Club Way (250) 391-7160 westinbearmountain.com





## attractions

Adrena LINE Zipline Adventure Tours 2034C Gilliespie Rd (250) 642-1933 adrenalinezip.com

BoulderHouse 1109 Langford Pkwy (778) 265-9342 boulderhouse.ca/langford

Fort Rodd Hill and Fisgard Lighthouse National Historic Site 603 Fort Rodd Rd (250) 478-5849 pc.gc.ca/en/lhn-nhs/bc/fortroddhill

Hatley Castle National Historic Site 2005 Sooke Rd (250) 391-2666 hatleypark.ca Malahat Skywalk 901 Trans-Canada Hwy malahatskywalk.com

The Q Centre Arena 1767 Island Hwy (250) 478-8384 westshorerecreation.ca

Starlight Stadium 1089 Langford Pkwy (250) 391-1738 citycentrepark.ca

WildPlay Element Park Victoria 15-1767 Island Hwy (855) 595-2251 wildplay.com/victoria







#### **900 Degrees Wood-Fired Pizzeria** 2401B Millstream Rd (250) 590-4493

900-degrees.ca

#### A & W

3016 Merchant Way 2430 Millstream Rd

#### Akemi Sushi

737 Goldstream Ave (250) 590-8686 akemisushi.ca

#### Ali Baba Pizza

2401G Millstream Rd (250) 474-6666 alibabapizza.com

#### **Authentic Cuisine of India**

104-3046 Merchant Way (778) 440-5666 authenticcuisineofindia.com

#### **Big Wheel Burger**

610-2945 Jacklin Rd (250) 598-2845 bigwheelburger.com

#### Bin 4 Burger Lounge 716 Goldstream Ave

(778) 265-5464 bin4burgerlounge.com

#### **Booster Juice**

145-2401C Millstream Rd 106-3046 Merchant Way (250) 474-3862 boosterjuice.com

#### **Boston Pizza**

2755 Veterans Mem. Pkwy (250) 474-7734 bostonpizza.com

#### **Browns Socialhouse**

783 Goldstream Ave (250) 590-6735 brownssocialhouse.com

#### **Bucky's Taphouse**

2668 Sooke Rd (250) 478-3811 buckystaphouse.ca

#### **Callisto Casual Dining**

1999 Country Club Way (250) 391-7171 bearmountaindining.com

#### **Cobs Bread**

2401C Millstream Rd 2955 Phipps Rd cobsbread.com

#### **Coffee Shack West Shore**

2778 Peatt Rd (236) 688-1888

#### Dad's Homemade Soups and Sangys

2806 Jacklin Rd (778) 432-3900 dadssoupsandsangys.com

#### **Dagwoods Cafe**

662 Goldstream Ave (250) 686-7443

#### **Dairy Queen**

703 Treanor Ave (250) 590-8703 dairyqueen.com

#### Darcy's Pub

737 Goldstream Ave (250) 391-8597 darcyspub.ca

#### **Donair Express**

768 Goldstream Ave (250) 590-2838

## dining

**Domino's Pizza** 2355 Millstream Rd (250) 474-4124 dominos.ca

**Edo Japan** 

106-3004 Merchant Way (250) 475-1312 edojapan.com

**Fatburger Langford** 

102- 3004 Merchant Way (778) 430-1111 fatburgercanada.com

Flourish BeauTea

105-2830 Peatt Rd (778) 432-2828 @flourishbeautea

Floyd's Diner

721 Station Ave (778) 440-1200 floydsdiner.ca

Food Trucks at The Langford Station

720 Station Ave (250) 478-7882 langford.ca/thelangfordstation

**Fountain Diner** 2800 Bryn Maur Rd (250) 590-6130

fountaindiner.ca

Freshii

108-3004 Merchant Way (778) 247-1210 freshii.com

Fu Wah Express

746 Goldstream Ave (250) 474-7693

Great Cannon Pizza

114-894 Langford Pkwy (250) 478-2121 greatcannonpizza.com **HOB Fine Foods** 

101-2829 Peatt Road (236) 475-8063 hobfinefoods.ca

House of Boateng

2854 Peatt Rd (778) 432-2233 houseofboateng.ca

**Ice Cream Mountain** 

2892 Trans-Canada Hwy (250) 474-2444

Island Poké

829 Goldstream Ave (250) 590-0456 islandpoke.ca

Jack's Place

2020 Country Club Way (250) 391-5225 jacksplacebearmountain.ca

Jones Bar-B-Que

731 Goldstream Ave (778) 265-4227 jonesgotmeat.com

J's Smoke Shop

705 Goldstream Ave (778) 433-5567

Kazumi

115-2840 Peatt Road (250) 900-1956 kazumicanada.ca

**KFC** 

105-857 Terlane Ave kfc.ca

Kitchen Story

102-2945 Jacklin Rd (250) 590-8850 kitchenstory.ca

**Liberty Kitchen** 

103-3005 Merchant Way (778) 433-1328 eatliberty.com







#### Lighthouse Cake Co. 742 Goldstream Ave

(250) 478-4499 lighthousecakecompany.ca

#### Mad Greeks Pizza

703 Goldstream Ave (250) 478-6112 madgreekspizza.ca

#### Maiko Sushi

877 Goldstream Ave (250) 995-8432

#### May Gold Village

701 Goldstream Ave (250) 391-8899 maygoldvillage.ca

#### McDonald's

854 Langford Pkwy 860 Langford Pkwy 2445 Millstream Rd mcdonalds.com

#### Metropolitan Bar & Grill

829 McCallum Rd (250) 474-6063 themetropolitangrill.ca

#### Milestones Grill & Bar

2401 Millstream Rd (250) 391-5016 milestonesrestaurants.com

#### Millstream Beverage Company

2323 Millstream Rd millstreambeverage.com

#### **MOD Pizza**

104-3022 Merchant Way (250) 475-4792 modpizza.ca

#### Mr Mikes Steakhouse

985 Whirlaway Cres (250) 590-3222 mrmikes.ca

#### **Mucho Burrito**

102-3016 Merchant Way (778) 265-0080 muchoburrito.com

#### My Name is Sushi

3194 Jacklin Rd (250) 474-7888

#### **Noodle Box**

2955 Phipps Rd (250) 383-3322 noodlebox.ca

#### K-Thai

143-2401G Millstream Rd (250) 857-0909

#### Opa!

109-857 Terlane Place (250) 391-0020 opasouvlaki.ca

#### **Orange Julius**

2945 Jacklin Rd (250) 474-1522 orangejulius.com

#### **Origin Bakery**

105-3039 Merchant Way (250) 590-8948 originbakery.com

#### **Original Joe's** Restaurant & Bar

2955 Phipps Rd (250) 380-4910 originaljoes.ca

#### **Original Pho**

2972 Jacklin Rd (250) 590-2789 originalpho.ca

#### Panago Pizza

800 Kelly Rd 1 (866) 310-0001 panago.com

#### Parachute Ice Cream

129-735 Goldstream Ave (250) 419-8390

parachuteicecream.com

#### **Persimmon Tree Restaurant**

2401C Millstream Rd (778) 430-0355

## dining





#### Peter's Sushi

104-670 Granderson Rd (250) 590-8282 peterssushi.ca

#### **Pho Vy Vietnamese**

857 Terlane Ave (778) 433-5955

#### Pizza Hut

745 Goldstream Ave (250) 391-2906 pizzahut.ca

#### **Pizzability Glenlake**

2668 Sooke Rd (778) 433-6888 pizzability.ca

#### PokeAye Langford

103-2830 Peatt Rd (250) 590-9990

#### Poncho's Cafe & Catering

755 Goldstream Ave (778) 430-5510

#### **Quality Foods Chinese Kitchen** 113-977 Langford Pkwy

Dhine Coffee House

#### Rhino Coffee House

111-2840 Peatt Rd (250) 720-7609 rhinocoffeehouse.com

#### Romeo's

2945 Jacklin Rd (250) 474-2121 romeos.ca

#### Sabhai Thai Restaurant

2800 Jacklin Rd (250) 590-5039 sabhai.ca

#### Salty's Fish and Chips

738 Goldstream Ave (250) 474-6662 saltysfishandchips.ca

#### Sarpino's Pizzeria

3218 Jacklin Rd (250) 590-9797 sarpinospizzeriavictoria.com

#### Seoul Fried Chicken

103-2455 Millstream Rd (250) 590-9806 seoulchicken.ca

#### Serious Coffee

Millstream Village 2401G Millstream Rd (250) 478-8877 seriouscoffee.com

#### Serip Bar + Lounge

1999 Country Club Way (250) 391-7171 bearmountaindining.com

#### Shake It Bubble Tea

2945 Jacklin Rd (778) 430-9888

#### Sizzling Tandoor

2955 Phipps Rd (778) 265-9308 sizzlingtandoor.ca

#### Starbucks

782 Goldstream Ave 2972 Jacklin Rd 850 Terlane Ave 101-701 Treanor Ave starbucks.ca

#### Subway

744 Goldstream Ave 2945 Jacklin Rd 2401C Millstream Rd 1016 McCallum Rd subway.com

#### **Sushi Belmont**

106-3016 Merchant Way (250) 590-9303 sushibelmont.ca

3u3ilibeliliolit.ca

#### Sushi Ya

766 Goldstream Ave (778) 265-4221 sushiyalangford.ca

#### **Table Nineteen**

643 Latoria Rd (250) 474-3673 tablenineteen.com/victoria

#### **Tacofino Langford**

112 Kelly Rd (778) 486-2406 tacofino.com

#### The Chopped Leaf

135-2955 Phipps Rd (250) 590-8006 choppedleaf.ca

#### The Den

1999 Country Club Way (250) 391-7171 bearmountaindining.com

#### The Loghouse Pub

2323 Millstream Rd (250) 474-1989 loghousepub.ca

The Rack West Coast Bistro

2345 Millstream Rd (778) 432-3434 therackbistro.com

#### Three Gringos Mexican Grill

735 Goldstream Ave (250) 391-4047 3gringoscafe.com

#### **Tim Hortons**

845 Goldstream Ave 2945 Jacklin Rd 3150 Langford Lake Rd 739 McCallum Rd 2890 Westshore Pkwy timhortons.com

#### **Totchos**

103-2945 Jacklin Rd (250) 590-2322

#### **Turmeric Indian Cuisine**

777 Goldstream Ave (250) 478-6600 turmericvictoria.com

#### White Spot

941 Langford Pkwy (778) 433-8800 whitespot.ca





## parks, lakes, & beaches







A.T. (Tom) Gordon Memorial Park Minor Baseball Diamond, Playgound, Basketball Court 998 Wild Ridge Way

Centennial Park
Splash Pad, Playground, Minor
League Baseball Diamonds,
Tennis Courts
2805 Carlow Rd

City Centre Park
Playzone, Bowling, Mini-Golf,
Sports Fields, Ice Rink,
Outdoor Ice Pond
1089 Langford Pkwy
(250) 391-1738
citycentrepark.ca

Danbrook Park Fenced Dog Area 2743 Claude Rd

**Ed Fisher Park**Sports Field, Minor Baseball
Diamond, Playground
901 Isabell Ave

Florence Lake Walking Trail, Boardwalk, Fishing, Swimming, Dock 2530 Florence Lake Rd Galloping Goose Trail Walking, Hiking, Cycling, Inline Skating, Horse Riding Multi-Municipal Trail System

Glen Lake Park
Playground, Dog Beach,
Observation Pier, Kayak/
Canoe Dock, Swimming,
Walking Trail, Boardwalk
3071 Shoreview Drive

Goldstream Campground Camping & Hiking Golden Gate Rd bcparks.ca/goldstream-park/

Goldstream Provincial Park Hiking Trails, Wildlife, Lookout Points, Camping West of Langford on Trans-Canada Hwy bcparks.ca/goldstream-park/

Langford Gravity Zone & Nature Trails Cycling & Hiking 4100 West Shore Pkwy langford.ca/gravityzone Jordie Lunn Bike Park
Dirt Jumps, Pump Track,
Skills Area, Cyclocross &
Mountain Bike Trails, Hiking
& Cycling Trails
2990 Irwin Rd

Langford Lake-Ed Nixon Trail Walking Trail and Boardwalk 1300 block of Goldstream Ave

Langford Lake Beach Park
Beach, Playground, Swimming,
Fishing, Canoeing/Kayaking/
Paddle Boarding, Walking
Trail & Boardwalk
3018 Trillium Rd

Langford Station Park
Fenced Off Leash Dog Area
790 Station Ave

Luxton Park Minor League Baseball Diamond, Playground, Fairgrounds 1040 Marwood Ave

Mill Hill Regional Park Hiking Trails, Wildlife, Lookout Points 457 Atkins Rd (250) 360-3000

crd.bc.ca/parks-recreation-culture/parks-trails/find-park-trail/ mill-hill Sooke Hills Wilderness Regional Park Goldstream Suspension Bridge, Waugh Creek Falls, Viewing Platform 3059 Humpback Rd crd.bc.ca/parks-recreation-

Thetis Lake Regional Park Beach, Swimming, Fishing, Canoeing/Kayaking/Paddle Boarding, Walking Trail & Boardwalk, Six Mile Rd (250) 360-3030

culture/parks-trails/find-park-

trail/sookehills-wilderness

crd.bc.ca/parks-recreation-culture/parks-trails/find-park-trail/thetis-lake

Veteran's Memorial Park Playground, Splash Park, Basketball Court 2815 Aldwynd Rd

Walmart Off-Leash Area 860 Langford Parkway

## Learn more about playgrounds in Langford at Langford.ca/playgrounds







THE LANGFORD

Businesses and Artist Studios

## STATION

#### **CULTURAL DISTRICT**

Visit The Langford Station, a year-round arts and culture district in the heart of downtown Langford. Here you'll find a creative ecosystem of local artists, retailers and food trucks, and on certain days, live music, events and more!

Open Thursday to Sunday
720 STATION AVE

Events Include: Artisan Markets, Fridays at The Station, Food Truck & Music Festival, Show & Shine Car Show + more!



Langford.ca/TheLangfordStation



## recreation & sports

**Anvil Boxing** 115-2785 Leigh Rd (250) 588-6519 anvilboxing.com

Anytime Fitness 174-2945 Jacklin Rd (778) 433-0247 anytimefitness.com

Bear Mountain Activity Centre 1997 Country Club Way (778) 405-1645 bearmountain.ca/recreation/ fitness

Bear Mountain Golf and Tennis Resort 1999 Country Club Way (250) 744-2327 bearmountain.ca

BoulderHouse 1109 Langford Pkwy (778) 265-9342 boulderhouse.ca/Langford

City Centre Park
Playzone, Bowling, Mini-Golf,
Splash Park, Sports Fields,
Outdoor Ice Pond,
Eagle Ridge Community Centre
Westhills Arena Ice Rink
1089 Langford Pkwy
(250) 391-1738
citycentrepark.ca

Club Phoenix Fitness 895 Langford Pkwy (250) 920-0300 club-phoenix.com

Crossfit LoLo 884 Attree Ave (778) 265-4600 crossfitlolo.com

Crusher Combat Sports 2956 Westshore Pkwy (250) 478-3596 crushercombat.com

**F45 Training** 2840 Peatt Rd (778) 403-7569 f45training.ca

Fitness Experience 880 Attree Ave (250) 478-0225 fitnessexperience.ca

Jordie Lunn Bike Park 2992 Irwin Rd jordielunnbikepark.com

Jumping Fitness 305-895 Langford Pkwy www.jumpingfitnessvictoria.com

Langford Lanes 1097 Langford Pkwy (250) 391-1738 citycentrepark.ca

Master Hong's Marine Taekwondo 107-2787 Jacklin Rd (250) 516-4300 marinetaekwondo.com











Mel-FIT X-Training Center 114-1039 Langford Pkwy (250) 661-3536 melfit.ca

Olympic View Golf Course 643 Latoria Rd (250) 474-3673 olympicviewgolf.com

Oxygen Yoga and Fitness Westshore 3022 Merchant Way (250) 391-6911 oxygenyogaandfitness.com

Pole Trix Dance & Fitness 3218 Jacklin Rd (250) 896-8749 poletrix.ca

The Q Centre Arena 1767 Island Hwy (250) 478-8384 westshorerecreation.ca

The Rising-Victoria Centre for Circus Arts 140-1047 Langford Pkwy (250) 857-1785 therisingcircus.com SALT Pilates & Barre 866 Goldstream Ave (778) 265-3003 saltpilatesandbarre.com

Studio 1 Pilates (778) 350-5857 studio1pilates.ca

**Spinco** 746 Goldstream Ave (778) 265-8756 spinco.ca

Starlight Stadium 1089 Langford Pkwy (250) 391-1738 citycentrepark.ca

Summit Fitness 3100 Jacklin Rd (250) 889-9456 summitfit.ca

Westhills YMCA-YWCA Fitness Facility, Pools, Water Slides 1319 Langford Pkwy (250) 386-7511 vancouverislandy.com

## recreation & sports

West Shore Parks & Recreation Fitness Facility, Pools, Water Slides, Ice Surfaces, Lawn Bowling, Golf, Basketball Courts, Sports Fields, **Baseball Diamonds** 1767 Island Hwy (250) 478-8384 westshorerecreation.ca

**Westshore Boxing Gym** 1089 Langford Pkwy (250) 884-7790 westshoreboxinggym.com The Westshore Warehouse 135-1057 Langford Pkwy thewestshorewarehouse.com

WildPlay Element Parks Victoria Ziplines, Aerial Games 1767 Island Hwy (855) 595-2251 wildplay.com

Yoga Lab Westshore 311-895 Langford Pkwy (778) 432-0388 yogalabwestshore.ca









## shopping





#### A to Z Kids

109-2349 Millstream Rd (250) 474-7769

#### **Alloy Music**

4-865 Station Ave (250) 478-6800 alloymusic.ca

#### Andre's Electronic Experts

103-977 Langford Pkwy (250) 391-4407 andreselectronicexperts.com

#### **Ash and Oak Esthetics**

103-791 Station Ave (250) 893-7381 ashandoakesthetics.com

#### **Atmosphere**

109-2955 Phipps Rd (250) 478-1551 atmosphere.ca

#### Baja Rosi's Consignment

797 Goldstream Ave (250) 391-6033 bajarosis.com

#### **Bali Kiss**

2945 Jacklin Rd (250) 478-1234

#### **Barnes Harley Davidson**

2940 Ed Nixon Terr (250) 475-1345 barneshd.com

#### Bell

2945 Jacklin Rd (250) 391-9637 bell.ca

#### **Bentley Luggage**

2945 Jacklin Rd (250) 474-1903 shopbentley.com

#### **Best Buy**

779 McCallum Rd (250) 391-4514 bestbuy.ca

#### **Best Sneakers**

2945 Jacklin Rd (250) 391-9140

#### Blackapple Cellular

780 Goldstream Ave (778) 432-2277 blackapplecellular.com

#### **Boathouse**

180-2945 Jacklin Rd (250) 410-1269 boathousestores.com

#### Bosley's by Pet Value

2955 Phipps Rd (250) 474-7466 bosleys.com

#### **Brown's The Florist Westshore**

2972 Jacklin Rd (778) 433-5399 brownsflorist.com

#### **Buckerfield's Langford**

975 Langford Pkwy (250) 940-4499 buckerfields.ca

### Bulk Barn

800 Kelly Rd (250) 391-4430 bulkbarn.ca

#### **Bumper to Bumper**

895 Goldstream Ave (250) 478-5538 bumpertobumper.ca

#### **Canadian Tire**

855 Langford Pkwy (250) 474-2291 canadiantire.ca

#### Cap-it

106-2374 Millstream Rd (250) 474-7670 cap-it.com

#### Cardino Shoes

148-2945 Jacklin Rd (250) 746-4333 shopcardinoshoes.com

#### Carter's OshKosh B'gosh

186-2945 Jacklin Rd (250) 391-1154 cartersoshkosh.ca

#### Cascadia Liquor

977 Langford Pkwy (250) 590-9511 cascadialiquor.com

#### City Wide Scooter &

Wheelchair Sales & Service 725 Goldstream Ave (250) 478-2978 citywidescooters.ca

#### Clarity Cannabis

693 Hoffman Ave (250) 940-6418 claritycannabis.ca

#### **Cloth Castle**

786 Goldstream Ave (250) 478-2112 clothcastle.com

#### Coles

2945 Jacklin Rd (250) 478-3543 chapters.indigo.ca

#### Costco

799 McCallum Rd (250) 391-1151 costco.ca

### Devonshire Flowers & Food Market

808 Goldstream Ave (250) 478-8122

#### **Dollar Tree Canada**

2401C Millstream Rd (250) 391-6466 dollartree.com

#### **Dollarama**

777 Goldstream Ave 2945 Jacklin Rd dollarama.com

#### **Dragonfly Books**

721 Station Ave (250) 478-0914 dragonflybooks.ca

#### **EB Games**

739 McCallum Rd (250) 391-4588 ebgames.ca

#### **Everything Games**

721 Station Ave (778) 432-4263 everythinggames.ca

#### **Everything Wine**

2401 Millstream Rd (250) 474-3959 everythingwine.ca

#### **Fabricland**

117-2401C Millstream Rd (250) 737-1600 fabriclandonline.com

#### **Fairway Market**

772 Goldstream Ave fairwaymarkets.com





## shopping

#### **Fitness Experience**

880 Attree Ave (250) 478-0225 fitnessexperience.ca

#### Flight Cannabis

101-977 Langford Pkwy (778) 265-5700 flightcannabis.ca

### Forbes-Guardian Pharmacy Goldstream

755 Goldstream Ave (250) 478-7300 forbespharmacy.ca

#### Forbes-IDA Pharmacy Millstream

2349 Millstream Rd (250) 478-1600 forbespharmacy.ca

#### **Freedom Mobile**

160-2945 Jacklin Rd (778) 247-0134 freedommobile.ca

#### Frontrunners Footwear

755 Goldstream Ave (250) 391-7373 frontrunners.ca

#### **Fuel SVN**

122-3046 Merchant Way (250) 519-2787 fuelvictoria.com

#### **GAP Factory Store**

2945 Jacklin Rd (250) 391-9551 gapfactory.com

#### George Richards Big & Tall Menswear

121-2401B Millstream Rd (250) 595-5958 georgerichards.ca

#### Glen Lake Liquor & More

2668 Sooke Rd (250) 478-6999

#### **Glenwood Meats**

1245 Parkdale Dr (250) 478-6328 glenwoodmeats.ca

#### **GNC Canada**

2945 Jacklin Rd (250) 474-2261 gnc.ca

#### **Goldstream Bicycles**

694 Goldstream Ave (250) 474-1948 goldstreambicycles.ca

#### **Golf Town**

2401A Millstream Rd (250) 391-4500 golftown.com

#### **Green Man Bikes**

3202A Happy Valley Rd (778) 432-2453 greenmanbikes.com

#### **Growlies Pet Foods Inc.**

2871 Jacklin Rd (250) 391-4475 growlies.ca

#### Habitat for Humanity ReStore 849 Orono Ave

(250) 386-7867 habitatvictoria.com

#### **Hang & Play Video Games**

109-751 Goldstream Ave (778) 265-8836 hangandplaygames.com

#### **Happy Valley Market**

3431 Happy Valley Rd (778) 440-7000

#### **Home Depot**

2400 Millstream Rd (250) 391-6000 homedepot.ca

#### Honeycomb Cannabis

2317 Millstream Ave (250) 385-3781 honeycombcanna.com

#### Island Motorcycle Co.

104-2944 Westshore Pkwy (250) 475-8885 islandmoto.ca

#### **Island Pet Source**

751 Goldstream Ave (250) 590-4460 islandpetsource.com

#### JB's Colwood Langford Auto Supply

895 Goldstream Ave (250) 478-5538

#### Jordans Home

887 Attree Ave (250) 478-8387 iordanshome.ca







#### Kal Tire

2420 Millstream Rd 2681 Sooke Rd kaltire.com

### La Tortilla Mexicana Deli & Grocery

709 Goldstream Ave (250) 391-1236

#### La Vie en Rose

2945 Jacklin Rd (250) 474-2167 lavieenrose.com

#### Let's Grow Garden Supply

149-735 Goldstream Ave (250) 391-0158 letsgrowgardensupply.ca

#### Liquor Depot Langford

2835 Bryn Maur Rd (250) 391-0105 liquordepot.ca

#### Liquor Planet

2317 Millstream Rd (250) 391-9148

2792 Peatt Rd (250) 474-7007 liquorplanet.ca

#### **Local Reflections**

2945 Jacklin Rd (250) 588-7099

### Long & McQuade Musical Instruments

3108 Jacklin Rd (250) 800-0943 long-mcquade.com

#### **Lordco Auto Parts**

2901 Jacklin Rd (250) 391-1438 lordco.com

#### **Love Den**

735 Goldstream Ave (250) 383-1269 loveden.ca

#### M & M Food Market

3005 Merchant Way (250) 708-1010 mmfoodmarket.com

#### Mama Tina's Bodega

119-829 Goldstream Ave (778) 265-1605

#### Market on Millstream 2401 Millstream Rd

(250) 391-1110 themarketstores.com

#### Mark's Work Wearhouse

2955 Phipps Rd (250) 474-1930 marks.com

#### Marshalls

117-2401A Millstream Rd (236) 475-0759 marshalls.ca

#### iliai silalis.ca

Mastermind Toys 2945 Jacklin Rd (250) 915-0782 mastermindtoys.com

## shopping

#### **Michaels**

2401C Millstream Rd (236) 475-0759 michaels.com

#### Mobile Q Accessories & Repair

130-2945 Jacklin Rd (250) 915-5858 mobileq.ca

#### **MONA Consignment**

111-2830 Peatt Rd (778) 433-6662 monaconsignment.com

#### **Moores Clothing for Men**

184-2945 Jacklin Rd (250) 380-9334 mooresclothing.com

#### Muse & Merchant Home Collection

661 McCallum Rd (250) 474-3433 museandmerchant.com

#### **Northern Reflections**

2945 Jacklin Rd (250) 474-4051 northernreflections.com

#### Olive This and More

G105-2401 Millstream Rd (250) 391-0021 olivethisandmore.ca

#### Original FARM Cannabis 101-945 Reunion Ave

101-945 Reunion Ave (778) 433-3276 originalfarm.com

#### **Out of Bounds Sports**

2945 Jacklin Rd (250) 391-5558

#### **PetSmart**

2401A Millstream Rd (250) 391-9212 petsmart.ca

#### PharmaChoice Langford Pharmacy

109-2854 Peatt Rd (778) 265-5550 langfordpharmacy.com

#### **Pharmasave**

2401F Millstream Rd (250) 478-0123 pharmasave.com

#### **Purdy's Chocolatier**

2945 Jacklin Rd (250) 391-7565 purdys.com

#### **Quality Foods**

113-977 Langford Pkwy (778) 433-3291 qualityfoods.com

#### QuiltsEtc Home

2945 Jacklin Rd (250) 388-0718 gehomelinens.com

#### Reitmans

2945 Jacklin Rd (250) 391-5984 reitmans.com

#### Rona-

850 Langford Pkwy (250) 478-6680 rona.ca







#### **Ryes & Shine Craft Distillery Ltd**

103-2323 Millstream Rd (250) 858-1981 ryesandshine.ca

#### Sally Beauty

2401C Millstream Rd (250) 391-5830 sallybeauty.com

#### Sandy's Auto Parts

945 Dunford Ave (250) 474-3141 sandysauto.com

Save-On-Foods 759 McCallum Rd (250) 475-3157

#### saveonfoods.com ScanDesign Furniture

661 McCallum Rd (250) 475-2233 scandesigns.com

#### Sephora

105C-2401 Millstream Rd (250) 900-8918 sephora.com

#### **Sheringham Distillery**

103-4382 West Shore Pkwy (778) 425-2019 sheringhamdistillery.com

#### **Shoppers Drug Mart**

2945 Jacklin Rd (250) 474-1114

shoppersdrugmart.ca

#### Signature BC Liquor Store 600-2945 Jacklin Rd

(250) 391-2811 bcliquorstores.com

#### Simatech Vapour Shop

145-2745 Veterans Mem. Pkwy (250) 391-0011 simatechyapes.com

#### **Soulful Sister Aromatherapy**

117-735 Goldstream Ave (250) 590-1350

soulfulsister.com

#### **Sport Chek**

2955 Phipps Rd (250) 478-1551 sportchek.ca

#### St. Vincent de Paul

**Thrift Store** 2784 Claude Rd (250) 478-0282

ssvp.ca

#### **Staples**

789 McCallum Rd (250) 391-3070 staples.ca

#### Streamside Corner

Store & Cafe

2899 Sooke Lake Rd (250) 478-3488

#### Superstore

835 Langford Pkwy (250) 474-0914

therealcanadian superstore.ca

#### Suzanne's Fashion

2945 Jacklin Rd (250) 478-3885 suzannesfashions.ca

#### **Telus**

129-2945 Jacklin Rd (250) 391-0668 telus.com

## shopping

#### The Brick Warehouse

2945 Jacklin Rd (250) 380-1133 thebrick.com

### The Langford Station Arts and Culture District

720 Station Avenue (250) 478 7882 langford.ca/thelangfordstation

#### **The Medicine Shoppe Pharmacy**

104- 2806 Jacklin Rd (250) 391-9367 medicineshoppe.ca

#### The Quality Cobbler

2945 Jacklin Rd (250) 391-0344 qualitycobbler.ca

### The Salvation Army Thrift Store

777 Goldstream Ave (250) 478-6933 108-975 Langford Pkwy (250) 410-3199 thriftstore.ca

#### The Shoe Company

2401C Millstream Rd (250) 474-7150 theshoecompany.ca

#### **Thrifty Foods**

3011 Merchant Way (250) 391-1869 thriftyfoods.com

#### **Tom Harris Telus**

**& Koodoo Store** 147-2401C Millstream Rd (250) 391-9131

tomharris.com

#### **Tom Lee Music**

105-2401D Millstream Rd (250) 383-5222 tomleemusic.ca

#### **True Boutique**

111-3031 Merchant Way (250) 391-4679 www.shoptrueboutique.com

#### Universal Supplements 114-2808 Jacklin Road

(778) 432-4787 www.universalnutrition.com

#### Vancouver Island Soap Works 2945 Jacklin Rd

vancouverislandsoapworks.com

#### Vape Street

101-739 McCallum Rd (778) 265-2665 vapestreetcanada.com

#### Vapour Solutions

109-777 Goldstream Ave (778) 433-6163 vapoursolutions.com

#### Virgin Plus

2945 Jacklin Rd (250) 474-3632 virginmobile.ca

#### **Visions Electronics**

2401D Millstream Rd (250) 474-6082 visions.ca

#### Walmart

860 Langford Pkwy (250) 391-0224 walmart.ca

#### Warehouse One

2401B Millstream Rd (250) 391-1880 warehouseone.com

#### Weavers Leather Victoria

111-2924 Jacklin Rd (778) 265-7989 weaversleather.ca

#### **West Coast Creative Spirits**

106-688 Granderson (778) 679-2718 westcoastcreativespirits.ca

#### WestShore Bicycles

104-800 Kelly Rd (250) 590-6960 westshorebikes.com

#### Westshore Gold & Silver

730 Goldstream Ave (778) 406-0606 westshoregoldandsilver.ca

#### Willow Wind Feed, Tack & Pet Supplies

2714 Sooke Rd (250) 478-8012

#### Windsor Plywood

888 Van Isle Way (250) 474-6111 windsorplywood.com

#### **Winners Homesense**

2945 Jacklin Rd (250) 391-1829 winners.ca

#### Zed's Beds

113-2854 Peatt Rd (250) 894-9337 zedsbeds.ca

## #ShopLangford







# Travel Inspo

	where to eat
翻	what to see and do
	where to stay

## STARLIGHT STADIUM the home of







**Starlight Stadium** is a state-of-the-art sporting facility located at **City Centre Park** in the heart of **Langford**.

The Stadium is home to Canadian professional soccer club **Pacific FC**, as well as **Rugby Canada** and the

Westshore Rebels football team



citycentrepark.ca/starlightstadium

© @citycentrepark

Visit langford.ca/events for upcoming events

## useful information

In case of emergency, please dial 911 and an operator will help direct your call immediately to either police, fire, or ambulance services.

#### **ROYAL CANADIAN MOUNTED POLICE**

698 Atkins Ave Non-emergency: (250) 474-2264 **Emergency: 911** 

#### LANGFORD FIRE RESCUE

2625 Peatt Rd

Non-emergency: (250) 478-7770

#### WALK IN CLINICS -

#### WESTSHORE URGENT & PRIMARY CARE CENTRE 582 Goldstream Ave (250) 519-6919

#### VICTORIA GENERAL HOSPITAL - EMERGENCY 1 Hospital Way (250) 727-4212







